



Brackley STEAM
Park Academy

No Nuts Policy

Nut-Free Policy & Nut-Free Educational Offsite Trips

Statement of intent

To shield any child during offsite trips who has or may have an allergy to nuts however, we recognise that this cannot be guaranteed. This policy serves to set out all measures to reduce the risk to those pupils who may suffer an anaphylactic reaction. To ensure that no child is excluded from any activities, by following guidelines set out in our equality policy. It is not just eating nuts that can cause a severe reaction, just being touched on the skin or smelling the breath of someone who has had nuts or a product containing nuts can trigger anaphylactic shock (which can cause breathing and swallowing difficulties).

First aid staff on our offsite trips are trained to use the EpiPen (an injection of adrenalin) which is required immediately if this occurs.

Our Nut-Free Policy means that the following items listed, but not limited to, should not be brought onto any offsite trip.

- Packet nuts of any variety, tree nuts, almond, walnut or peanuts
- Peanut butter sandwiches including Hazelnut spread
- Sauces and some Asian food that may contain nuts.
- Biscuits and cookies
- Fruit and cereal bars that contain nuts
- Chocolate bars or sweets that contain nuts including Nutella
- Sesame seeds (rolls, etc.)
- Cakes made with, or containing, nuts

Aim

1. To provide a safe trip for children with nut allergies.
2. To provide activities that do not exclude children with nut allergies.

Procedures

1. Parents, staff and volunteers are asked to ensure that all food items bought onto the trip are **nut free** and we provide guidance to every parent/carer to support this. As it is impossible for us to tell if chocolate spread contains nuts, no chocolate spread should be bought onto any offsite trip.
2. Staff and key volunteering staff members who are DBS checked will check and monitor all food items bought onto the trip, and if any which contain nuts, will be isolated where possible.
3. All other allergens are recorded on the allergen sheets.
4. Staff and key volunteering staff members who are DBS checked are trained in the administration of EpiPen and antihistamine medication, prior to a child with a severe allergy commencing and during the trip.
5. We encourage and remind all children not to share food at all times including snack breaks and to sit down whilst eating.
6. We risk assess activities before children engage with them.

This policy was adopted by: Harvey Sharman	Brackley STEAM Park Academy
updated:	29 January 2024
To be reviewed: June 2025	Signed: Harvey Sharman